

Moon Puts On Its Best Show of the Year Tonight

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Space.com

(Jan. 29) – Tonight's full moon will be the biggest and brightest full moon of the year. It offers anyone with clear skies an opportunity to identify **easy-to-see** features on the moon.

This being the first full moon of 2010, it is also known as the wolf moon, a moniker dating back to Native American culture and the notion that hungry wolves howled at the full moon on cold winter nights. Each month brings another full moon name.

But why will this moon be bigger than others? Here's how the moon works:

The moon is, on average, 238,855 miles from Earth. The moon's orbit around Earth – which causes it to go through all its phases once every 29.5 days – is not a perfect circle, but rather an ellipse. One side of the orbit is 31,070 miles closer than the other.

So in each orbit, the moon reaches this closest point to us, called perigee. Once or twice a year, perigee coincides with a full moon, as it will tonight, making the moon bigger and brighter than any other full moons during the year.

Tonight it will be about 14 percent wider and 30 percent brighter than lesser full moons of the year, according to Spaceweather.com.

As a bonus, Mars will be just to the left of the moon tonight. Look for the reddish, starlike object.

Full Moon Craziness

Many people think full moons cause strange behavior among animals and even humans. In fact several studies over the years have tried to **tie lunar phases** to births, heart attacks, deaths, suicides, violence, psychiatric hospital admissions and epileptic **seizures**, and more. Connections have **been inconclusive or nonexistent**.

The moon does have some odd effects on our planet, and there are oodles of other amazing moon facts and misconceptions:

- A full moon at perigee also brings higher ocean tides. This tug of the moon on Earth also creates tides in the planet's crust, not just in the oceans.
- Beaches are more polluted during full moon, owing to the higher tides.
- In reality, there's no such thing as a full moon. The full moon occurs when the sun, Earth and the moon are all lined up, almost. If they're perfectly aligned, Earth casts a shadow on the moon and there's a total lunar eclipse. So during what we call a full moon, the moon's face is actually slightly less than 100 percent illuminated.
- The moon is moving away as you read this, by about 1.6 inches (4 centimeters) a year.

The Moon Illusion

Finally, be sure to get out and see the full moon as it rises, right around sunset. Along the horizon, the moon tends to seem even bigger. This is just an illusion.

Astronomers and psychologists agree the moon illusion is just that, but they don't agree on how to explain it.